

R E S T
or a Weary SOUL;

O R, T H E

Pilgrim at his Journey's End.

Being the last Legacy of a Father, left to his
Children, when he lay on his Death-Bed.

C O N T A I N I N G

- I. His humble and Pious Admonition to
his Children, a little before his Death.
- II. Shewing, them their Duty to God.
- III. Shewing their Duty to their Mother.
- IV. Shewing their Duty to one another.
- V. Is a Copy of Verses he made upon
himself, not long before his Death.
- VI. His Godly and Pious Meditations.
- VII. His Last Legacy to his Children.

All which, are Pleasant to Read, Easy to
Understand, and Profitable to Practise:
The whole being of excellent Use to all
People that desire to live a Pious, Godly
and Sober Life in this present World.

Hear Instruction, and be Wise, and refuse it not.
PROV. Chap. Viii. ver. 33.

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Rest for a Weary Soul, &c.

*The Father's Admonition to his Children,
a little before his Death.*

MY Children I must leave you; I am going to a better Place; my Glass is almost run; I have fought a good Fight, and have finished my Course, and there is laid up for me a Crown of Glory. In my Youth I was as wild and Ungodly as most were, I spent my Time Idly, & never regarded what I did, so I might but please and satisfy my Appetite. I have since my Conversion (I thank God) taken heed to my ways, & lived as upright as I could for if I did any wrong, it was against my knowledge. I have lived according to the Scripture Rules, as much as Flesh and Blood was able; I loved the worst of my Enemies, who cast many false Aspersions upon me, but Thanks be to God I owe no one any Ill, but heartily forgive all that have been my enemies as I hope to be forgiven.

My dear Children, let me intreat you to be Admonished by my Words, and take my Exhortation as a Legacy I having as you know very little else to leave you. First, let me put you in mind of your duty to God. Secondly to your Mother. and to one another.

First of your Duty to GOD

Draw nigh unto God, and he will draw nigh unto you. *James*, iv. 8. &c. This pious Exhortation of St *James* is enough to induce you without any other. He tells you that if you fear God he will defend you; if you are willing to turn from your evil ways God he will receive you; he desires not the Death of a Sinner; if you are not saved it is your own faults, and indeed this Text comprehends a great deal of comfort. It brings glad Tidings to a wretched Sinner. It speaks Peace to all. Thus far by way of Exhortation. Secondly, that your Duty to God, is to Fear GOD and keep his Commandments, for this the whole Duty of MAN. *Eccles* xii, 13. There you see your Duty. Fear to offend, is your duty tho' comprehended so short, be careful to serve him, fearful to offend him, diligent to keep his Laws; willing to obey his Commands abide all his Corrections with patience; remember at none of his ways, live honestly, Lov

Love as Men; Swear not; Lie not; Steal not; Cheat not, nor take the Lords Name in vain, Covet not that which is another Man's, Love the Lord your God with all your Heart, Fear him and praise his Name; bridle your Lust and unruly Passions. Resist the Devil and he will flee from you, suffer any Thing for your Religion, nay death it self, and in all Things submit to the will of God, I shall conclude this with the following Precepts: viz.

1. Fear to do any Thing against that God whom you Love, and you will not love to do any Thing against that God whom you Fear.

2. Let your Prayers be as frequent as your wants, & your thanksgivings as your blessings.

3. In the Morning think what you have to do, for which ask God's Blessing at Night of what you have done that is Sinful, and for which ask him forgiveness.

4. Take an exact account of your Life, be not afraid to look upon the Score; but dread to increase it. To despair because a man is sinful, is to be worse because he hath been bad.

5. Consider the shortness of your Life, & certainty of Judgment, the reward for the good and Punishment for the Wicked, therefore make even by Repentance every Day, & then you will have but a Day to Repent of at Death

6. Do no Injury to no one, for by Injuring Others, you teach them to Injure you.

7. Innocence will be your best Guard. He that dares to be wicked sometimes for his advantage, will always be so if his Intrest require it

Secondly, your Duty to your Parents.

HONOUR your Father and your Mother, &c. is the 5th Commandment a wise Son heareth his Father's instruction, *Prov. v. 20.* — Here you may see that duty to your Parents is a Commandment of God. *Solomon* the wisest Man that ever was, gives you the Character of a wise Son, that is, of a dutiful Son, he hearkens to his Father's instructions, and willingly obeys them.

Consider my Sons what I have said, Honour your Mother when I am in my Grave, I give you this Charge in the sight of God, and CHRIST-JESUS our LORD,

Thirdly your Duty to one another,

MY Children, take warning by other harms, and you will do well; while others strive one against another, do you strive to do good one for another, and while others are at variance and revile each other, do you pray for and comfort each other,

Mind what I have said, and lay it up in your Hearts, and God will give his Blessing

Blessing to it. I must leave you, but I hope we shall one Day meet Face to face, in the Presence of the Almighty; where Pleasures doth abundantly flow, and where true Joy abides forever more.

A Copy of Verses he made upon himself not long before his Death.

Forbear fond Man, and weep no more 'tis vain!
 when Heaven decrees, 'tis folly to complain,
 This Worldly Mass is subject to decay,
 And Death and Nature all Things must o'er.
 The blushing Rose smiles with the Morning Sun,
 Just then looks gay, now withers and is gone
 Pardon my Sins, Almighty God I pray,
 Forgive them all, then take me hence a way:
 Then my provoking Soul shall upwards Fly,
 And leave with Joy this World's Vanities.

Godly Meditations.

NO Creature under Heaven can afford
 my Soul any Comfort only thou O Lord
 who art the phyfician of Souls; thou bringest
 a Man nigh unto Death and restores him to
 Life again. See his own weakness and thy
 power; wherefore all Love, Honour, Praise
 and Glory be given to thee O GOD.

O God I extol thy Name, & tho' I am a
 wretched Sinner, yet I will not cease to give
 thee Thanks to the utmost of my strength;
 I will declare thy Justice and mercy, & I will

will Praise thy Name as long as I have a being.

As for Man he is but Dust, and Ashes, his Life's but a Span, and full of Misery.

O Heavenly Father, let me not forget mine own frailty, let me consider what I am, and Remember always what I should be, then shall I forget to love my self to long after thee.

My Sins O Lord, are before thy Face, I can turn no way but they pursue me. Consider my Necessity O most mighty God, and deliver me, for thy dear Son's Sake.

Altho' mine Offences be more in Number then the Hairs on my head, yet Lord shew mercy and forgive them. I know tho' my Sins were as Scarlet, yet thou canst make them as white as Snow. Therefore O Lord, to thee be glory For evermore.

Truly Lord, I see no cause why I should long to abide in this Life, if I was arrived to such persecution as St. Paul was, I should desire earnestly as he did to be with CHRIST.

Lord I commend my Soul into thy Hands for thou hast redeemed me O God of Truth, Be thou my defence against mine Enemies, that notwithstanding all Satan's subtilty, he may not have the power to do me any Evil. Give thy Angels charge to defend me, that nothing may hurt my Body nor Soul.

His last Legacy to his Children

MY Children dear a Legacy,
 With you I now do leave,
 Pray Read it over and you will soon,
 my Purposes perceive.
 First to your God your Duty shew,
 and live up to his Laws,
 Then Comfort you will hereafter take,
 and Vindicate his cause.
 Next give all Honour that is due,
 unto your Mother dear,
 Such will be happy You will find,
 while they do tarry here.
 Love to your Brethren, God Commands,
 that you should always shew,
 You ever then will live in Peace,
 In Joy and Honour too.
 Pray love your Neighbours as your self,
 behave to them most Just,
 In all your Thoughts, your Words & Work
 then you in GOD may trust.
 Then he'll preserve you in your Steps,
 that you shall never fall,
 He will be always your sure Friend,
 your God, your Guide and all.

FINIS.